

# PRE GAME

 **Eagles Wings (10) \$10**

*Fresh cooked wings tossed in the sauce of your choice served with fresh celery and blue cheese dressing  
- Mild - Hot - Garlic Parmesan - Teriyaki -*

 **SEVEN Layer Nachos \$10**

*Tri color tortilla chips piled high and topped with black olives, jalapeños, cheese, sour cream, green onions, diced tomato and black beans  
Add guacamole: \$3  
Add chicken: \$3  
Add chili: \$3*

 **Crispy Beer Battered Onion Rings \$7**

*Thick cut and fried golden brown served with sriracha ranch*

 **Boom Boom Shrimp \$10**

*An extra large margarita glass filled with tempura battered shrimp tossed in boom boom aioli*

**Pound of Mussels Your Way \$8**

*Your choice:  
Mussels white with Irish ale  
Mussels red  
Mussels fra diavolo  
served with garlic crostini's*

**Cheesesteak Nachos \$10**

*Philly beef steak atop tortilla chips, sautéed onions and American cheese*

**Chicken Fingers \$8**

*Fried golden brown served with honey mustard  
Make buffalo: \$1  
Add fries: \$1*

**Tavern Quesadillas \$8**

*Perfectly melted cheeses, fresh pico de gallo and sour cream  
Add chicken: \$3*

**Caribbean Bruschetta \$6**

*Crispy plantains topped with house made mango papaya salsa*

**Phillies Line Up \$6**

*Generous line up of warm soft Philly pretzels served with mustard, beer cheese dip & boom boom aioli*

**1/2 Pound Meatball \$7**

*Our signature hand rolled meatball presented in a cast iron skillet served with house made marinara and garlic crostini's*

**Fried Mozzarella Sticks \$9**

*Lightly breaded mozzarella sticks with marinara*

## GOURMET FRIES

### Spanish Fries \$6

*Fries made with sizzled onions and fried jalapeños*

### Garlic Parmesan Fries \$6

*Crispy garlic fries seasoned with fresh parmesan cheese*

### Buffalo Fries \$6

*Premium cut french fries tossed in Seven Tap-Tavern's secret buffalo seasoning served with blue cheese*

### Bacon & Queso Fries \$7

*Our house fries topped with applewood bacon and cheese sauce*

## GOURMET FLATS

Crisp, oven-baked gourmet pizza flats individually made with your favorite toppings

### Four Cheese \$10

*A signature four cheese blend*

### Margarita \$11

*Fresh tomato, basil and mozzarella*

### Spinach & Chicken \$11

*Sautéed spinach and grilled chicken topped with four cheese blend*

### Hawaiian \$13

*Four cheese blend, sauce, ham and pineapple*

### Pepperoni \$12

*Pepperoni, sauce and mozzarella*

### Tuscan \$11

*Roasted local zucchini and squash with roasted peppers, shaved parmesan and fig balsamic glaze*

### Chicken Pesto \$11

*Homemade pesto, fresh grilled chicken and shredded mozzarella*



Seven Tap-Tavern Signature Item

A Blue Heron Pines **MUST HAVE**

## ON THE GREEN

### **Apple Walnut Chicken \$11**

*Grilled chicken breast tossed with celery, apples, candied walnuts, crumbled blue cheese and apple vinaigrette dressing over a bed of romaine lettuce*

### **Classic Caesar \$9**

*Crisp romaine lettuce, homemade croutons and shaved parmesan cheese*

*Add chicken: \$3*

*Add salmon: \$4*

*Add blackened shrimp: \$4*

### **Mediterranean Salad \$9**

*Crisp romaine lettuce, roasted peppers, red onions, kalamata olives, cucumber, tomato and feta cheese tossed with Greek dressing*

### **SEVEN Salad \$10**

*Grilled chicken served over mixed greens tossed with raisins, apples and candied walnuts served with a raspberry vinaigrette*

### **Asian Salmon \$14**

*Crisp romaine lettuce, mandarin oranges, water chestnuts and chow mein noodles in roasted sesame dressing topped with pan seared salmon*

### **Fresh Tomato Mozzarella \$8**

*Sliced tomatoes with fresh mozzarella and basil drizzled with extra virgin olive oil and a balsamic reduction*

### **Spinach Salad \$8**

*Crisp Spinach tossed with red onion, mandarin oranges and sesame seeds served with a champagne vinaigrette*

*Add chicken: \$3*

*Add salmon: \$4*

*Add blackened shrimp: \$4*



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# BURGER LINE UP

All served with lettuce, tomato, onion, a pickle and homemade chips or fries

## **BIG Texas Burger \$13**

*8oz Angus beef burger with chef made BBQ sauce, bacon & cheddar cheese topped with 3 steak cut, beer battered onion rings*

## **Frizzled Bleu Burger \$13**

*Angus burger topped with homemade frizzled onions, chunky blue cheese and bacon*

## **The Burger Draft \$12**

*Draft your ingredients like Mel Kiper Jr. drafts a team...*

*Select any items below to add to your Angus burger:*

*American, cheddar, Swiss or mozzarella cheese*

*tomato, lettuce, red onions, pizza sauce, jalapeños, bacon, red peppers or pickles*

## **Philly Burger \$13**

*Angus burger topped with grilled peppers, onions and provolone cheese*

# PANINIS

Grilled paninis made with mouth watering ingredients on fresh ciabatta with homemade chips or fries

## **Chicken and Spinach Panini \$11**

*Grilled chicken breast, sautéed spinach and roasted garlic aioli*

## **Texas Prime Rib Panini \$12**

*Thinly sliced prime rib, caramelized onions and melted provolone*

## **Roast Turkey Panini \$11**

*Fresh tomato, turkey, white cheddar cheese and cranberry mayo*

## **Cuban Panini \$12**

*Roast pork, ham, Swiss cheese, pickle and spicy brown mustard*

## **Italian Stallion \$12**

*Thinly sliced prosciutto, buffalo mozzarella, fresh tomato, roasted red peppers and homemade pesto*

## **Shrimp Po-Boy \$12**

*Tempura shrimp, boom boom aioli, roasted red peppers and sautéed spinach*

# SANDWICHES

All sandwiches served with your choice of homemade chips or fries  
served on a 10 inch hoagie roll unless otherwise specified

 **Yard Bird \$10**

*Cajun grilled chicken, sriracha aioli, smoked bacon, smoked cheese, lettuce and local tomato  
served on a toasted brioche*

 **Cranberry Turkey \$10**

*Sliced turkey breast, white cheddar cheese, tomato, red leaf lettuce and cranberry mayo  
served on wheat berry bread*

 **The Mulligan \$11**

*Thinly sliced prime rib and melted provolone cheese on a toasted long roll  
served with au jus and cherry peppers on the side*

**Blue Heron Classic Italian Sub \$10**

*Salami, ham, capicola, pepperoncini, romaine lettuce, black olives, mozzarella cheese,  
provolone cheese, tomato, onion, oil and vinegar on a long roll*

 **Jaws Dog \$5**

*Biggest, baddest dog in town*

**Chicken Fajita Sandwich \$12**

*Fajita-marinated grilled chicken breast, bacon, guacamole, lettuce, tomato and fried onions  
served on a toasted brioche*

 **Cheesesteak \$12**

*Dive into a half pound of chicken or beef  
chopped and cooked perfectly with melted cheese and fried onions*

**Monster Meatball Sub \$9**

*Fresh Italian roll topped with 1/2 pound of homemade meatballs  
smothered in marinara and provolone cheese*

**Tuna BLT \$10**

*Homemade tuna salad on wheat bread with lettuce, bacon and tomato*

## HEART HEALTHY

### Summer Garden Couscous Salad \$8

*Fresh couscous tossed with cucumbers, cherry tomatoes, onions, parsley and feta cheese  
drizzled with lemon juice and olive oil*

*served over lettuce*

*Add chicken: \$3*

*Add salmon: \$4*

*Add blackened shrimp: \$4*

### Tuscan White Bean and Quinoa Salad \$9

*Fresh quinoa tossed with cherry tomatoes, white beans, roasted peppers, basil and red onion  
drizzled with olive oil and balsamic glaze*

*served over lettuce*

*Add chicken: \$3*

*Add salmon: \$4*

*Add blackened shrimp: \$4*

## SOUP

### Chef Jorge's Homemade Soup du Jour

*Ask about our homemade soup of the day*

*Cup - \$3.50 (\$4.00 if Seafood Soup)*

*Bowl - \$4.50 (\$5.00 if Seafood Soup)*

### Classic French Onion Soup \$5

*Garlic crostini, sautéed onions, sherry wine and natural juices  
smothered by torched provolone and Swiss cheeses*

## DESSERT

### **Chocolate Chip Cookie Skillet \$6**

*Warm fresh baked chocolate chip cookie  
topped with vanilla ice cream and chocolate sauce  
served with rainbow sprinkles*



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